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Entry into force of the Chair Law

In accordance with the provisions of the first transitory article of the Decree that reforms and adds various provisions to the Federal Labor Law, published in the Mexico's official gazette in December 2024, the labor reform known as Chair Law (Ley Silla) will generally come into force on 19 June 2025.

It is important to mention that under this reform, employers will be required to provide a sufficient number of seats or chairs with backrests for workers in the service, commerce, or similar sectors, or even in industrial sectors when the nature of the work allows, to perform their duties or to allow periodic rest during the workday. In the latter case, the seats or chairs with backrests must be located in specific areas within the workplace. Additionally, the reform establishes the prohibition of requiring workers to remain standing throughout their entire workday and prohibits forbidding them from sitting periodically.

In this regard, the reform establishes that as from 19 June, the Ministry of Labor and Social Welfare will have a period of 30 calendar days to issue the corresponding regulations regarding work risk factors.

Likewise, from this same date, employers or companies will have a period of 180 days to adjust their internal regulations to comply with the above. For more information, you may contact our partner:

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