

The Business Chemistry Blog

Using science to improve the art of relationships Business Chemistry's lead researcher provides insights that can help you raise your level of performance, improve engagement, and become a more effective leader.

[About the Business Chemistry Blog](#)



From the Business chemistry archives...

Take a spin through our collection of past blog posts—your go-to vault for fresh ideas, practical tips, and witty takes on team dynamics, work relationships, and everyday leadership. Whether you're chasing creative inspiration, team hacks, or just a fresh perspective, we've packed these archives with science-backed insights and a little bit of fun—Business Chemistry style.

Scroll below, click any title, and rediscover why understanding people at work is worth the read. Happy exploring!



What if we're not so different after all?

November 2022



When an extrovert isn't just an extrovert, nor an introvert just an introvert

July 2022



Introvert? Extrovert? Or a little of each? How Business Chemistry relates

May 2022



Spring cleaning your relationships

March 2022



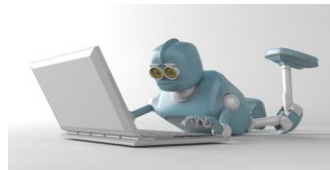
How Connecting Virtually Can Help Nudge Our Relationships Closer

January 2022



What will matter most when screen time becomes face time again?

September 2021



Could your best teammate be a computer?

July 2021



Could your computer understand people better than you?

June 2021



Grab your relationship battery pack

May 2021



Can you spot the business chemistry types in Halloween?

October 2020



Put your cape back on: Learn to hunch in a virtual Setting

October 2020



How your team can rally during tough times No Giants, no Tigers, no Cubby Bears, oh my!

May 2021

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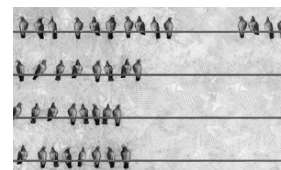
Encouraging collaboration
when working remotely
April 2020



10 ways Business
Chemistry can help you
craft powerful work
relationships
February 2020



Digging Deeper on
Business chemistry
February 2020



Integrators in Hell:
How to stop killing
their potential
December 2019



Drivers in hell :
How to stop killing
their potential
December 2019



Guardians in Hell:
How to stop killing
their potential
September 2019



Pioneers in hell,
How to stop killing
their potential
August 2019



Why people think you
don't appreciate them,
even when you do
June 2019



Gift giving ideas inspired
by work style preferences
June 2019



Slam dunk tips for a
productive team
April 2019



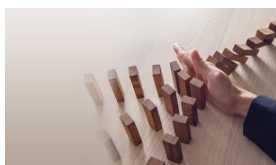
The chemistry of trust:
Eight ways to build
more of it
April 2017



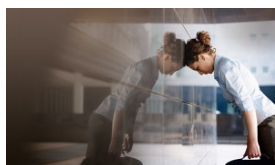
The business chemistry
guide to navigating
office holiday parties
December 2016



Hunching Pokémon
hunters
August 2016



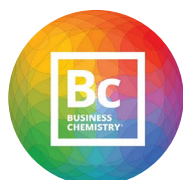
Business Chemistry do's
and don'ts during times
of stress
July 2016



Stressed at work? Is it
your Business Chemistry?
July 2016



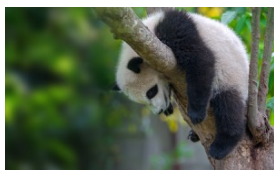
How to plan a meeting
that people won't dread
— Part II
July 2016



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How to plan a meeting that people won't dread
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Who are you when you're stressed?
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October 2015



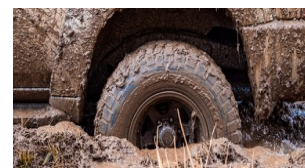
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September 2015



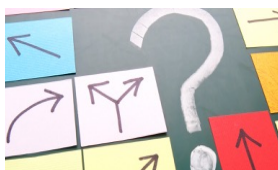
The Power of Opposites
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Pioneers vs. Guardians: The right balance for problem solving?
May 2015



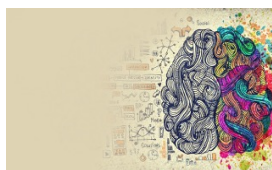
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Is that your final answer? Why integrators are so indecisive
May 2015



Direct or not, which is best?
April 2015



Unconscious bias in the work place—Business Chemistry as a solution?
April 2015



A leader's job is to get everyone's best contribution
April 2015



Flex your influence style to boost your impact
January 2015

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