

Erin Abreu on mentorship, authenticity, and discovering your personality type

Deloitte is proud to introduce the next profile in our series of women in the energy industry. By highlighting the stories of women in energy, we hope to help facilitate meaningful conversations, create connections, and showcase the myriad of opportunities available to enter and thrive in the energy industry.



Erin Abreu is an Audit & Assurance partner with Deloitte & Touche LLP and a New Jersey native serving primarily power and utility clients across the tri-state area. In addition to her client service roles, Erin currently serves as the talent and deployment leader for the Philadelphia office commercial practice.

Erin Abreu
Partner | Deloitte & Touche LLP

On the importance of mentorship

Upon graduating from Rowan University in 2002, Erin began her career as an audit assistant at Deloitte & Touche LLP. Her first client engagement was with an electric and gas company which set the stage for her career in the energy industry. Over the years, Erin has had the opportunity to serve many energy clients, including both regulated and unregulated entities.

Erin admits that, initially, passing the CPA exam was a challenge for her. She credits the help of a mentor who invested in her and helped her focus on studying for the exam. This experience taught Erin the importance of investing in people, and she strives to be a mentor to less tenured professionals.

She also believes that in-person interactions are crucial to the Audit & Assurance apprenticeship model. When asked what excites her about coming to work every day, Erin eagerly replies “being with my team, working through problems, and spending time with clients.”

When asked about a defining moment in her career, Erin shared about her involvement in a significant audit win. She described the win as both a learning experience and a source for further excitement about the audit profession.

Discovering her Business Chemistry

Erin believes one of the most surprising things about her is her [Business Chemistry](#). Despite taking the test multiple times indicating her dominant type is a Pioneer, Erin sees herself as more of an Integrator or Driver. However, when asked about how her dominant type shows up in her work life, Erin admits she finds joy in possibilities.

“I enjoy new ideas and trying new things. Our technology transformation has been a journey — watching us go from having a filing cabinet filled with manual audit work papers to our current, dynamic cloud-based audit platform has been great. Being able to participate in pilots and watching our technology model change over the years has been something interesting for me.”

The transformation of the energy industry

Erin believes the energy industry is on the cusp of a transformation. “The electrification of the world is here, and providing safe, reliable service, at an affordable rate is what my clients want.” Erin considers managing affordability and ensuring sufficient electricity and gas reserves as significant challenges for the sector.

Erin is excited about the opportunities for investment and growth in the industry. She feels the energy sector also offers incredible career opportunities for those willing to understand the business and invest time in learning.

Her advice for those looking to maximize their opportunities in the energy industry: “Don’t be afraid to ask questions and learn. Don’t be afraid to admit when you don’t know something.” She recommends seeking mentorship from those in executive positions to better understand the business.

Authenticity and being present

Erin’s guiding philosophy is to be authentic and to be present with people. “When you’re at home, be present with your loved ones; when you’re at work, be present with your colleagues and clients; and when you’re with friends, be present with them as well.”

She admits that balancing her career and personal life can take a lot of work and a strong partnership at home. As a mom of two active kids, ages 12 and 13, Erin plans her week in advance, deciding scheduling calls and meetings around personal commitments.

“It’s about being there for the important moments and being yourself.”

Erin believes there are many opportunities to balance a successful career with personal commitments.

“I can’t imagine working in any other industry,” Erin shared. Although much has changed in her 23 years of experience serving Power & Utilities clients at Deloitte, the energy transition is likely to bring more possibilities in the years ahead. Through it all, Erin has pioneered a successful and fulfilling career path and will continue to navigate the course as a Certified Public Accountant in the energy industry.

Erin Abreu: The lightning round

Women in Energy

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Describing herself in three words: Talkative, fast-paced, determined

Favorite food or drink: My favorite food is Mexican

Favorite place to travel: Anywhere warm and sunny

One thing on her bucket list: I want to take my kids to travel around Italy

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