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I'm James Panayi, and this is Brody. Hey, Brody.

Brody is our third child, and yeah, he's an absolute joy. So I took the six months parental leave, and I was one of the first dads to benefit from that policy. Having the focused six months has really allowed us to I think, thrive as parents rather than just survive.

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I think the job is really difficult to bring up children, and having both of those there 100% of the time has just been I think quite a game changer in terms of us setting ourselves up as a family unit and being able to get things in place so we can take things really forward in a really positive way.

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So I'd encourage anybody that is thinking of taking the parental leave to absolutely go for it. I've really enjoyed having the focus on the family and being able to switch off from work, knowing that I've got the full support of the team, the partners, and my clients so I've just been able to focus 100% on the family.

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And this is certainly a time that I'm never going to forget.