Our Cyber Security Standard Digital Curriculum

1,5 hours

Ben has just attended a conference about cyber security. The speakers, **Lisa** and **John**, are both cyber security experts. Ben is curious and asks for further details. The conference goes through several topics: **cyber security basics**, **phishing** and **password management**. Furthermore, Ben will have to learn what are his **responsibilities** regarding the Information security of the company, how to recognize phishing e-mails and how to build strong passwords. Finally, Ben gets the opportunity to **practice with examples**.

1. Introduction

- Context and objectives

- Role of the end-user & first line of defense

2. Focus on phishing threats

- What is phishing

- Defense techniques

3. Focus on password management

- Password management in the spotlight

- Good practices and rules

- Tips to build strong passwords

4. Knowledge Check

- Randomized selection from a pool of questions. The participants will receive an individual certificate once the knowledge check is validated.