

## How to have Productive Meetings

### Virtual seminar invitation

#### Seminar Objectives

We spend the bulk of our days in meetings, whether virtual or face-to-face, planned or spontaneous. How productive are these meetings, really? Is there a better way?

This seminar will provide participants with applicable, evidence-based practices for leading and participating in meetings that are truly productive – that is, meetings that accomplish their purpose, without resource overuse, and strengthen team motivation and job satisfaction.

#### Option 1



30 October 2023

Language: **English**

[Click here to register](#)

#### Option 2



28 November 2023

Language: **English**

[Click here to register](#)



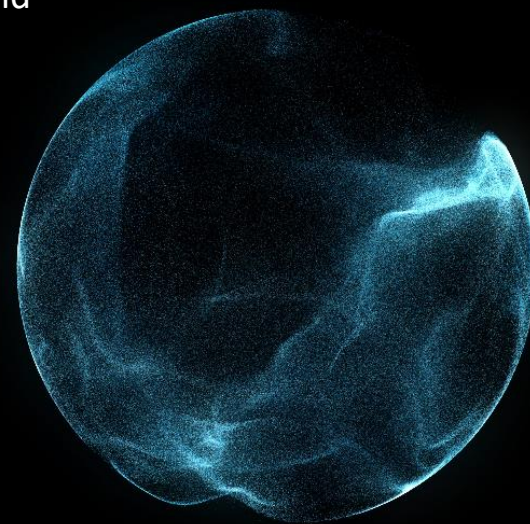
09:00-13:30 (EET)  
(4 CPDs)



Virtual Seminar  
(via Zoom)



€100 + VAT  
(Deloitte Alumni are entitled to a 30% discount)



More information: [Deloitte Academy website](#) or [cyacademy@deloitte.com](mailto:cyacademy@deloitte.com)

Facilitator

# Dr Melina Moleskis

Behavioral scientist | meta-decisions



Melina is a behavioral scientist. She harnesses the knowledge of how people act, make decisions and react to processes and incentives, in order to create better choices and positive change – in particular, in the areas of decision-making and productivity.

She works with private companies and the public sector to help solve puzzles, from low product uptake to inefficient work habits, and craft strategies that work with – not against – the grain of human nature.

As a certified corporate trainer, Melina applies this knowledge to organizational settings to help teams boost decision-making processes, embrace more productive habits and reach their fuller potential.

She is a visiting lecturer and guest speaker in executive education venues such as the George Washington University and Técnico Lisboa. She also co-leads the European chapter of the Global Association for Applied Behavioral Science (GAABS) and is a regular columnist for The Decision Lab, Insider and Forbes.

Melina holds a PhD in Managerial Decision Sciences and MSc in Research Methods from IESE Business School, MBA from NYU Stern with specialization in Strategy, and a BSc in Mathematics & Economics from LSE.

## Who should attend?

This seminar is ideal if you want to improve your meetings. Whether you need them to be more effective, efficient, inclusive or simply less, it provides a blueprint for you and your team.

## Agenda

### Meeting madness

- Why are meetings important and why, or when, do we get them wrong?

### Before | At | After the meeting

- How can we overcome the obstacles to productive meetings using knowledge about how we make decisions and how we act?

### Universe of meetings

- How can we commit to and implement these practical steps for ourselves and at team level?