# **Health equity**



Some studies say that up to 80% of health outcomes are affected by social, economic, and environmental factors.

Drivers of health (also known as social determinants of health) include physical environment, food, infrastructure, economy, wealth, employment, education, social connections, and safety.

COVID-19 has thrust health equity into the spotlight and is magnifying the profound impact that systemic racism can have on health and wellbeing.

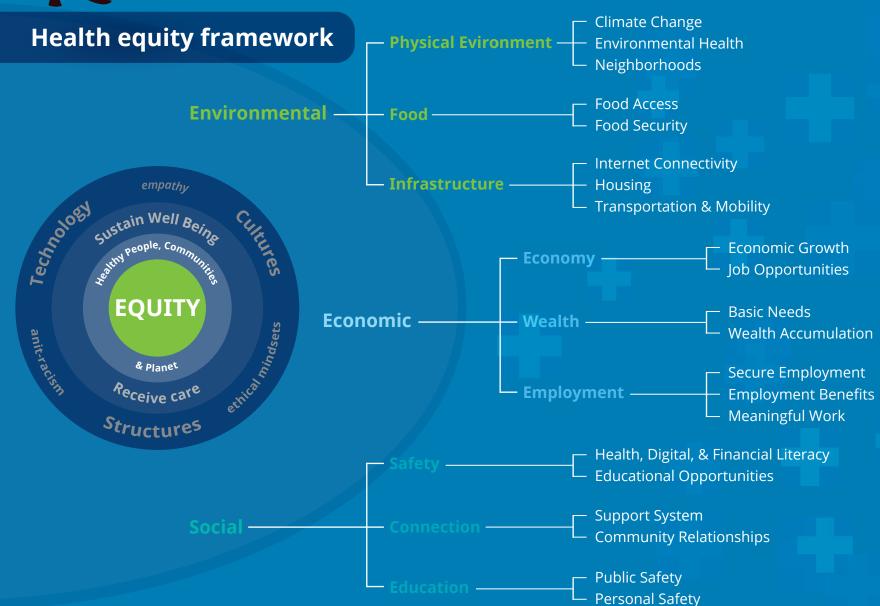
What can health care stakeholders do to make health more equitable?





Industry stakeholders face considerable challenges in addressing the large scope of the behavioral health crisis, among them:

- Gaps in clinical and scientific knowledge
- Stigma and drivers of health
- Inadequate, inaccessible, and unaffordable care systems
- Siloed health care data management



### The mental wellbeing and behavioral health imperative

- Approximately 10% of the world's population is affected by mental health issues, making it a leading cause of ill health and disability.
- Globally, it is estimated **264 million** people suffer from depression.
- Dementia affects upwards to **50 million** people globally.

## Learn more at www.deloitte.com/healthcareoutlook

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