



In this episode of the Resilient podcast, [Lori Havlovitz, CISO at Cardinal Health](#), sits down with Resilient cyber series host Deb Golden to discuss resiliency through crisis preparedness and the role tabletop exercises, wargaming, and crisis playbooks can play in strengthening an organization's response to real-time crises.

*Deb Golden:* Organizations are getting smarter about cyber—and for good reason. Being prepared in today's cyber landscape requires so much more than just protecting assets and preparing your front line of defense. A solid cyber strategy should also help an organization get out in front of risk and plan for what needs to happen to recover when crises hit.

Welcome to the Resilient podcast, where we feature resilient leaders, real insights, and unfiltered stories. My name is Deb Golden, and I'm the US leader of Deloitte Advisory's Cyber Risk Services practice. I had the opportunity to talk with Lori Havlovitz, CISO at Cardinal Health, and I'm thrilled to share our conversation with you. In this episode, Lori discusses how organizations can predict and prepare for crisis using cyber intelligence data and a strong resiliency plan.

*Lori Havlovitz:* We have to be up 100 percent. And so we talk about that a lot. Definitely tabletops and wargames are really important, because that response that you need to have to be resilient if and when something happens . . . Unless you practice it, it's going to be really hard.

*Deb Golden:* She also shares tactics she's employed to increase stakeholder engagement and manage cyber change and discusses key cyber considerations for the manufacturing process, as well as how to get cyber in the process early when we talk about products and solutions and getting things out to market.

It was amazing hearing about Lori's experience and commitment to Cardinal Health over the last 20 years. She truly lives by protecting the company, protecting the family and the people that she loves, and it's evident by her story. I found her individualistic approach to managing and motivating team members refreshing and was inspired by her advice to women to not be afraid to explore opportunities—to go big, to think big, and to think even bigger, even if you

don't check all the boxes. I think you're really going to enjoy this conversation.

I'm really looking forward to sharing this episode with you. Listen to the full episode on your favorite podcast channel, and subscribe to our mailing list to stay informed of future episodes. Thanks for listening.

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