Voice of the Workforce: Australian frontline clinicians

Theme 1: Satisfaction with the work environment

While satisfied using their skills in their jobs, clinicians have highlighted that high work demands are contributing to unhelpful feelings of stress



 Redefining the Employee Value Proposition and a broad view on reward and recognition will help to improve levels of satisfaction and engagement

their role

- Offering flexibility to accommodate personal responsibilities and work-life balance for clinicians can improve job satisfaction and retention. However, ensuring that patient needs are consistently met, and the system runs smoothly requires careful planning and coordination of
- schedules to maintain adequate coverage. This can add a lot of complexity to an already overwhelmed system. It is important to strike a balance between meeting the needs of both consumers and healthcare workers, while also considering factors such as patient acuity, staff skill level, and workload demands.
- Increased remuneration and flexible work can mitigate some of the stress and dissatisfaction associated with working in a high-pressure health environment.

Theme 2: Mental and Physical Health of the Workforce

Need to prioritise the mental and physical health of clinicians so they can take care of others



51%

said work has negatively impacted their mental health in the past 12 months



45% said work has negatively impacted their physical health in the past 12 months



50% of Millennials and Gen Z have said work has negatively impacted their physical health



46% of Millennials and Gen Z's said work has negatively impacted their mental health

70% of Junior doctors (i.e. interns, residents and registrars) have said work has negatively impacted their mental health and physical health in the past 12 months

- The workforce is under significant pressure which leads to high stress levels and burnout.
- This can lead to an increased drop out of the profession, workforce shortages, poorer health outcomes for consumers and negatively impact the attraction of top talent into the healthcare sector.
- Organisations have an opportunity to address the mental and physical health impacts on their workforce,
- with particular focus on Millennials and Gen Z, which includes increasing levels of recognition and reducing high work demands. • With a rapidly ageing population, increasing rates of chronic illnesses, and skyrocketing costs, the sector needs to be able to meet

Theme 3: Attraction and Retention of early career talent requires focus

Challenges in attracting and specifically retaining the next generation of healthcare professionals.



with less than 5 years' experience don't feel valued by their

workplace (compared

to 30% overall)



65% with less than 2 years' experience will only stay with their employer for up to 2 years



25% will only

stay 2-5 years

The top 3 elements Millennials and Gen Z are not satisfied with in their job are pay, chances to progress their career and the reduced amount of time to engage with patients

- Retention of talent is crucial to grow and develop staff into top quality clinicians.
- If healthcare can't retain early career talent, it may be detrimental to the patients and the organisation in the form of decreased continuity of care, increased training & onboarding costs and declining patient outcomes.
- Investment is required to retain the next generation for longer than two years. Without talent retention, the health sector will experience workforce shortages, operational disruptions and higher costs associated with using agency staff.

Theme 4: Immediate leaders create safe environments, however there is a disconnect with leaders at the top

To increase retention and foster a culture ready for change, leaders can invest in their relationships with frontline clinicians and rebuild trust.









Only 37% agree executive

team have the right skills and capabilities to support them at work and create a psychologically safe environment

executive leadership at their workplace consults employees about critical issues that concern staff

leadership at their workplace can be trusted to tell things the way they are, with a further 27% neither agreeing/disagreeing

- issues and do not trust their leaders
- Healthcare professionals have generally positive experiences with their direct line managers. More could be done to empower and support this relationship to enact and enable change in the sector.

Theme 5: Adopting a human factors approach to work

Transform how care is delivered, simplify ways of working and digitise improved models of care



74% think that administrative tasks* can be avoided entirely to redirect their time to higher value uses



47% expressed that indirect patient care activities^ can be safely & effectively allocated to another profession through a new workforce model



50% think that indirect patient care^ can be streamlined through



51% of respondents feel that administrative tasks can be streamlined through better systems

- Engaging the workforce in system redesign and Healthcare of the future discussions is key to redesigning the work in a clinically safe manner and utilising emerging technologies such as AI to enable new ways of working.

- * Administrative tasks e.g. scheduling, rostering, auditing
- ^ Indirect patient care e.g. notes, reports, phone calls, ordering, meeting patient families **Through better systems e.g. potential for automation or time savings from effectively integrated systems

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