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In this episode of the Resilient podcast, <u>Jeff Raz</u>, senior director, Stand and Deliver, sits down with Resilient host Mike Kearney to share the art of communicating, presenting confidently, and building trust.

Mike Kearney:

I'm a really big believer that sometimes inspiration and new learnings come from the most unexpected sources. In the past, we've gone outside of the mainstream to dissect the stories of truly incredible people. Let me give you a few examples. Mallory Wegman. She taught us about resilience with her personal story of fighting back after she was paralyzed from an epidural gone wrong. Or Admiral Stavridis, who took us on a journey to find the go-to book from some of the most iconic leaders. Or who could ever forget Deloitte's very own Jen Fisher and her wellbeing story about why taking care of yourself is critical to thriving at work?

Today we are going on a similar adventure, but with a twist. I'm sitting down with a clown. No, not a metaphorical clown, a real clown. And I am 100 percent serious. Today I'm interviewing Jeff Raz, a decorated clown with Cirque du Soleil, a performer, acrobat, author, speaker, founder, and executive communication guru. What is the biggest clown secret?

Jeff Raz:

You earn your living by being deeply connected with an audience, not by finding those funny jokes.

Mike Kearney:

Welcome to Resilient, where we hear from resilient leaders who share real insights through unfiltered stories. Core to Resilient are real-world experiences from leaders who have lived through crisis, risk, and disruption. We look to learn about the leader, their stories, and what they would do differently. Basically, we mine their learnings so you can apply their insights to what you do. My hope is that you find a nugget or two during our conversation.

I want to thank everybody who subscribes and listens to Resilient, a Deloitte podcast produced by our friends at Rivet. You can find us at deloitte.com or by visiting your favorite podcast, keyword Resilient. And if you're enjoying these conversations, please share them with work colleagues, family, and friends. And I'd also be really grateful if you could spend one minute rating our podcast. Ratings do play a huge role in how our podcast gets promoted.

You can also hit me up on LinkedIn and Twitter. I've been getting a lot of engagement on LinkedIn. My profile is under Michael Kearney, K-E-A-RN-E-Y, and on Twitter @mkearney33.

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