## Deloitte.

## Prevention is better than cure

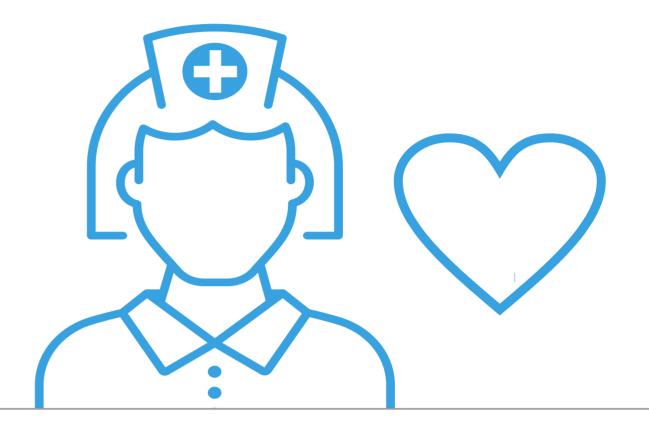
**Francine, diagnosed with Type 2 diabetes** Eight weeks on an 800 calorie a day diet, and after nine months of maintaining a healthy lifestyle she had lost 19kg and her diabetes was in remission.

**869**/0 of deaths in Europe are due to **non-transmissible diseases** 

# **Primary care** – key to a cost-effective healthcare system

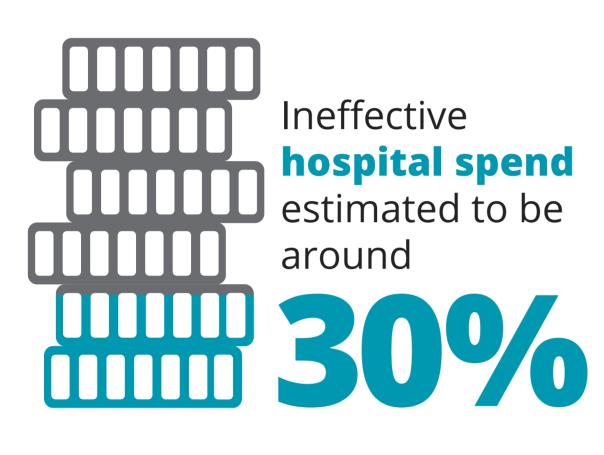


In the Netherlands, home-care nursing teams provide holistic care to patients whilst reducing administrative burden and improving quality of care and employee satisfaction.



in achieving good quality of **integrated care** across Europe

# **Productivity in hospitals** – specialist care in a lean, connected, high quality system



#### Derrick, a stroke survivor

On admission at hospital, Derrick quickly received the specialist care required, his rehabilitation needs were assessed and a care plan created.



## Palliative and end-of-life care – dying your way matters



**Urwin, who has end-stage lung cancer** Urwin's 'Coordinate My Care' package alerted medical staff to his wishes. They stayed with him as he passed away at home as intended.

**Solution Second Seco** 



### Patient engagement and empowerment – engaged patients have better outcomes



of Europeans report problematic or **inadequate** health literacy

#### 

#### Sofia, diagnosed with breast cancer

By gathering information from various sources, she was able to make an informed decision on her treatment plan on diagnosis.



**Population Health Management** – improving whole person health today and tomorrow

Patients with complex multiple co-morbidities use largest proportion of resources.

of population

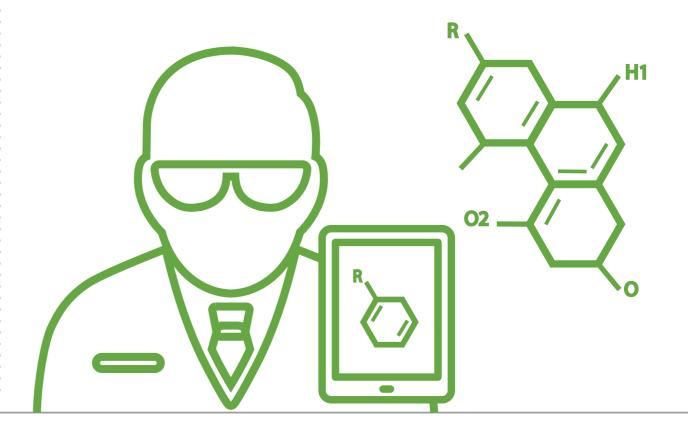
In Germany, an innovative Population Health Management model resulted in only 10.2 increase in emergency hospital admissions vs 33.1% in neighbouring regions.

# 5% driving 41% of costs 3% >>>>> 6 1% of costs 3% >>>>> 6 1% of costs 3% >>>>> 6 1% of costs 1

# and academia to improve outcomes



In **Denmark**, a cross-sector accelerator has resulted in faster adoption of new technology strategies. For example, a diabetes management system.



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